

# Discover the Benefits of Pranic Healing



The science & art of Pranic Healing is an effective, powerful non-touch healing modality for physical as well as psychological ailments developed by Master Choa Kok Sui. It stands apart in its simplicity, precision and clarity of concepts and techniques. It accelerates the natural healing process producing rapid results & students can generally produce results in a short period of time after learning.

## **FREE Pranic Healing Workshop**

Learn: To accelerate the natural healing process Techniques you can apply to improve everyday life Ways to increase your sensitivity to feel subtle energies Twin Hearts Meditation, its effects on your life To let go of stress / anger / sabotaging energies & how to move toward a healthier you

### **Meditation on Twin Hearts**

Meditation on Twin Hearts is an easy to follow guided meditation aimed at achieving inner stillness and illumination. Research has been found to reduce stress, increased well-being, clarity of mind & productivity.

Join us and bring your friends



#### **BENEFITS OF PRANIC HEALING**

#### **PHYSICAL HEALTH**

Easy step by step protocols to heal anything from simple ailments like the common cough or cold to severe illnesses like asthma, diabetes and more.

#### **EMOTIONAL HEALTH**

Simple and practical ways to reduce stress and increase vitality. Effective tools are available for relationship healing and psychological ailments.

#### SPIRITUAL DEVELOPMENT

Experience inner peace, stillness and divine union through Meditation on Twin Hearts and other advanced spiritual techniques.

#### **FINANCIAL WELLBEING**

Practical techniques to fill your life with Abundance and Prosperity.

### **About the Presenter**

Date: Tuesday, Sept. 15, 2015 Time: 7pm - 9pm Location: Shangrila Yoga Studio, 111 Mt. Pleasant Ave. Rear Beside Westside Restaurant, 1 block N of Riverside E of Wharncliffe

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Adam Springett is a licensed MCKS Pranic Healing Instructor & Healer. He has been practising Pranic Healing since 2006 and teaching MCKS Pranic Healing Courses since 2009 throughout Ontario.

Space is limited - Register Early to ensure a spot

Contact: Adam Springett - mckspranichealing.adam@gmail.com - 519-636-8880

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